California URGENT CARE ASSOCIATION 2024 WESTERN REGIONAL URGENT CARE CONFERENCE

Urgent Care Radiology

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Disclosures

- No financial/commercial disclosures
- No off-label use



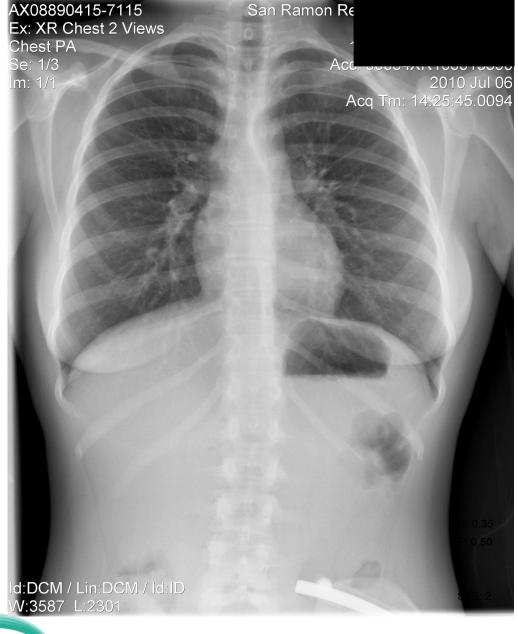
Objectives

- Review some higher-risk xray findings
- Understand strengths and weaknesses of plain radiography
- Discuss some pitfalls in xray interpretations
- Weave in some clinical decision-making



19 yo with 2 days of cough, fever, tachypnea, O2 sat 95% on RA, scattered rhonchi on lung exam









Diagnosis: ?



Diagnosis: bronchitis



Diagnosis: bronchitis

Treatment?



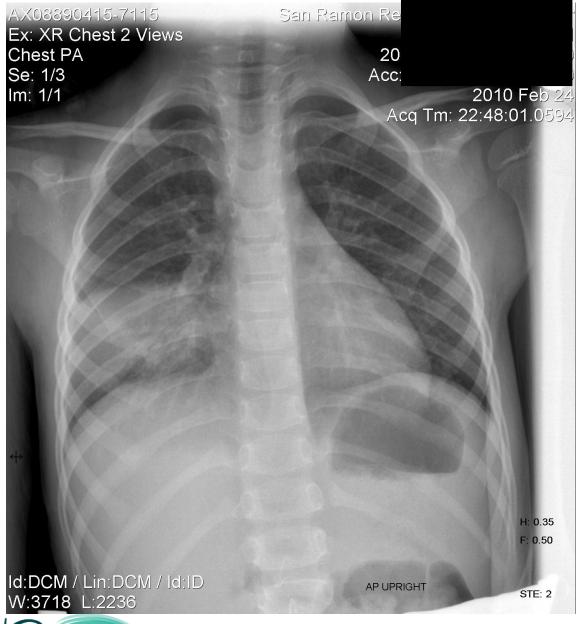
Diagnosis: bronchitis

Treatment – symptomatic care, no antibiotics



5 yo with 2 days of cough, fever, tachypnea, O2 sat 92% on RA, rhonchi on R lung exam









RML pneumonia



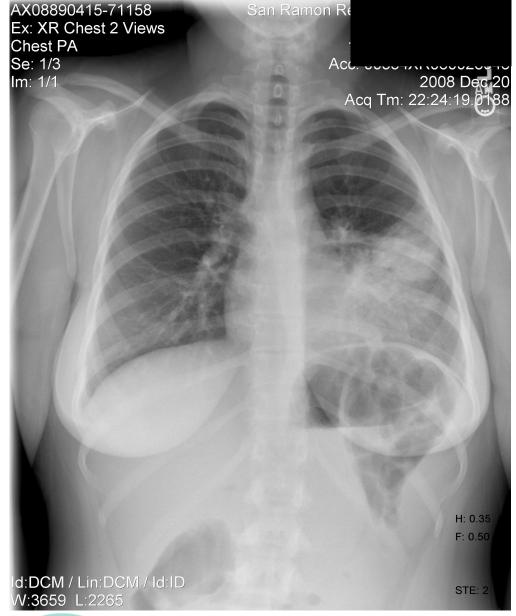
RML pneumonia

(can be diagnosed "clinically", w/o CXR, in children)



23 yo with 2 weeks of cough, fever, tachypnea, O2 sat 92% on RA, rhonchi on L lung exam









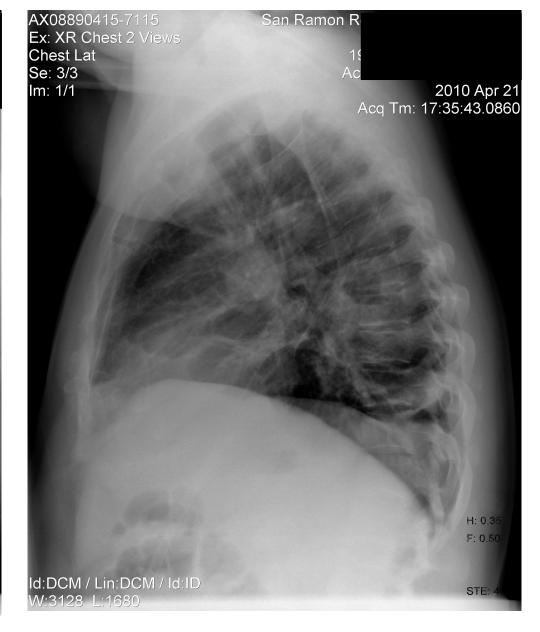
Lingular PNA



36 yo with 2 weeks of cough, fever, tachypnea, O2 sat 92% on RA, rhonchi on L lung exam









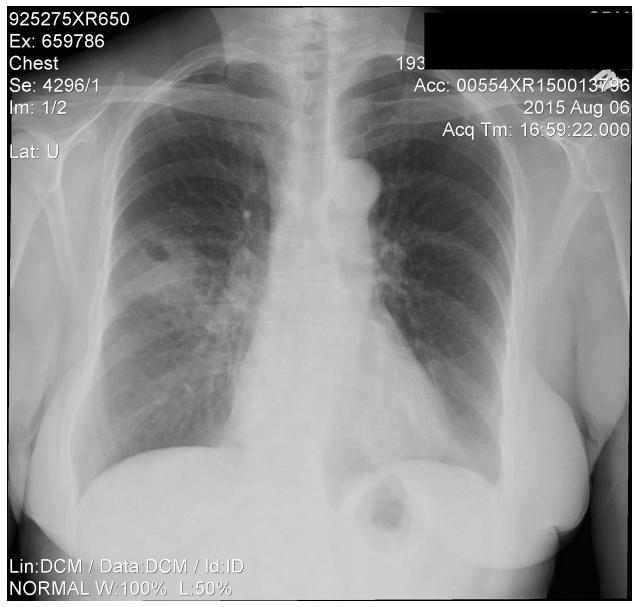
Cavitary L pneumonia – Ddx – TB or other *Mycobacterium*, fungal, cancer



Cavitary L pneumonia – Ddx – TB or other *Mycobacterium* sp, fungal, cancer

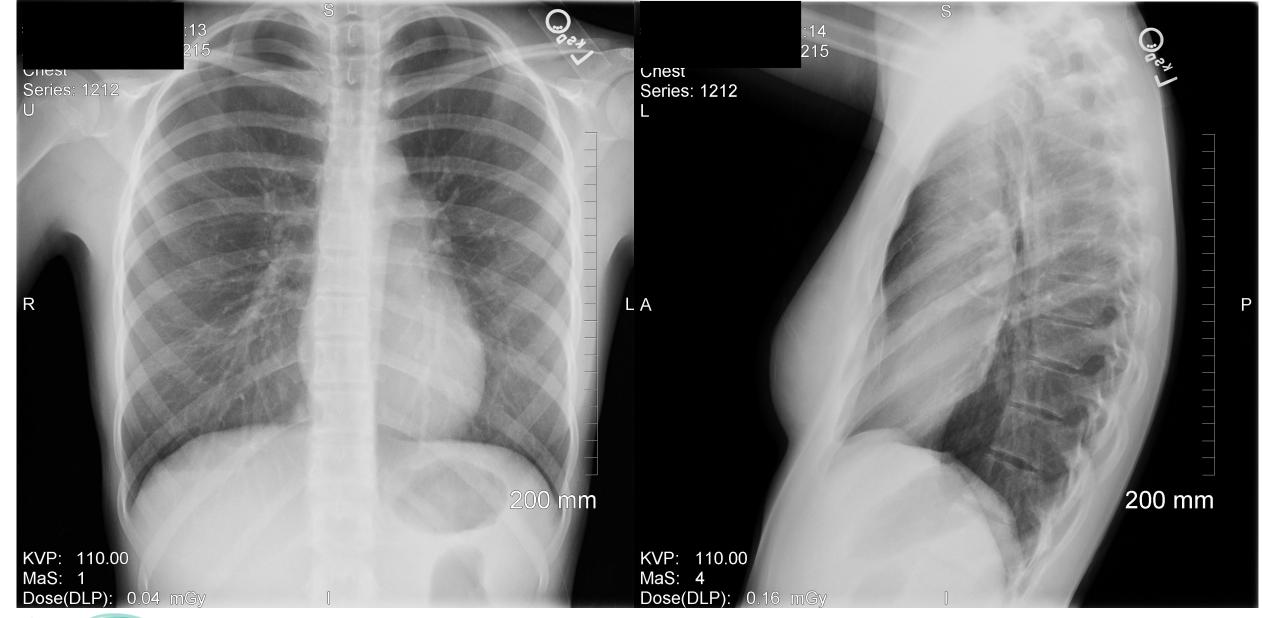
Due to TB concerns, start immediate airborne precautions





16 yo with sharp R sided CP for several hours, worse with breathing





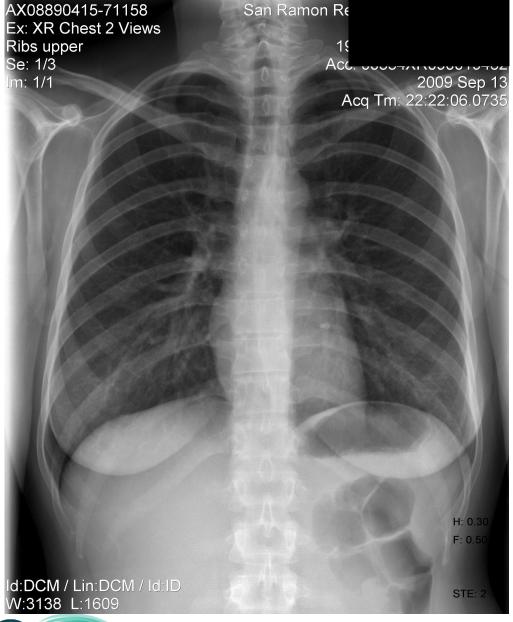


R pneumothorax



33 yo with sharp L sided CP for several hours, worse with breathing











Clinical PERC rule is negative...Dx?



Clinical PERC rule is negative...Dx?

Pleuritic CP/Pleurisy



Wells' Criteria for Pulmonary Embolism

Objectifies risk of pulmonary embolism.

When to Use ✓	Pearls/Pitfalls ∨	Why Use 🗸
Clinical signs and symptoms of DVT	No 0	Yes +3
PE is #1 diagnosis OR equally likely	No 0	Yes +3
Heart rate > 100	No 0	Yes +1.5
mmobilization at least 3 days OR s he previous 4 weeks	urgery in No 0	Yes +1.5
revious, objectively diagnosed PE	or DVT No 0	Yes +1.5
Hemoptysis	No 0	Yes +1
Malignancy w/ treatment within 6	months or No 0	Yes +1



https://www.mdcalc.com/calc/115/wells-criteria-pulmonary-embolism

= MD+ CALC



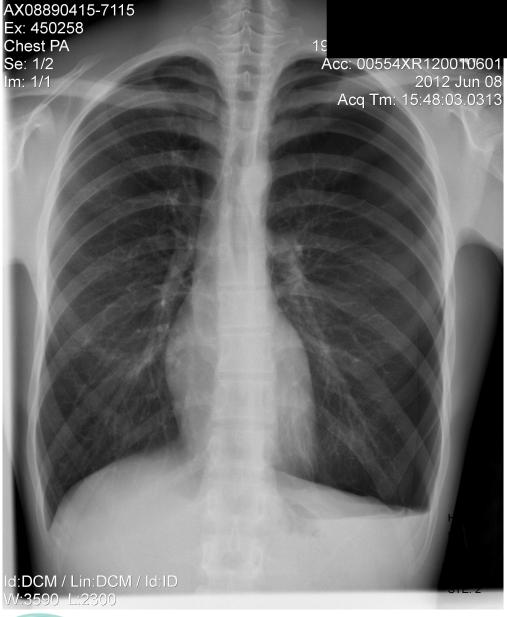
Age ≥50	No 0	Yes +1
HR≥100	No 0	Yes +1
O₂ sat on room air <95%	No 0	Yes +1
Unilateral leg swelling	No 0	Yes +1
Hemoptysis	No 0	Yes +1
Recent surgery or trauma Surgery or trauma ≤4 weeks ago requiring treatment with general anesthesia	No 0	Yes +1
Prior PE or DVT	No 0	Yes +1
Hormone use Oral contraceptives, hormone replacement or estrogenic hormones use in males or female patients	No 0	Yes +1



https://www.mdcalc.com/calc/347/perc-rule-pulmonary-embolism

20 yo with sharp L sided chest and back pain for several hours, worse with breathing







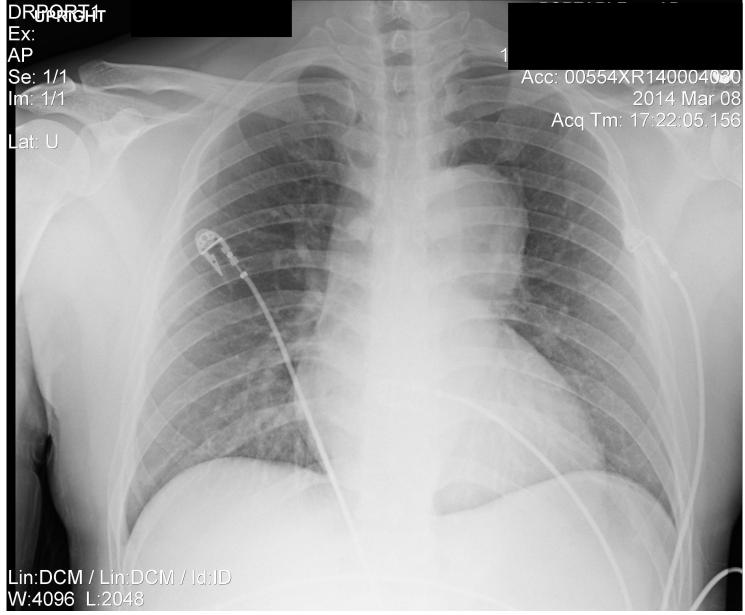


L pneumothorax



42 yo with sharp L sided chest and back pain for several hours, worse with breathing







High degree of concern for thoracic aortic dissection (was + on CTA)



70 yo with sharp R sided CP for several hours after falling in the shower









Posterior R rib fractures and (more importantly).....



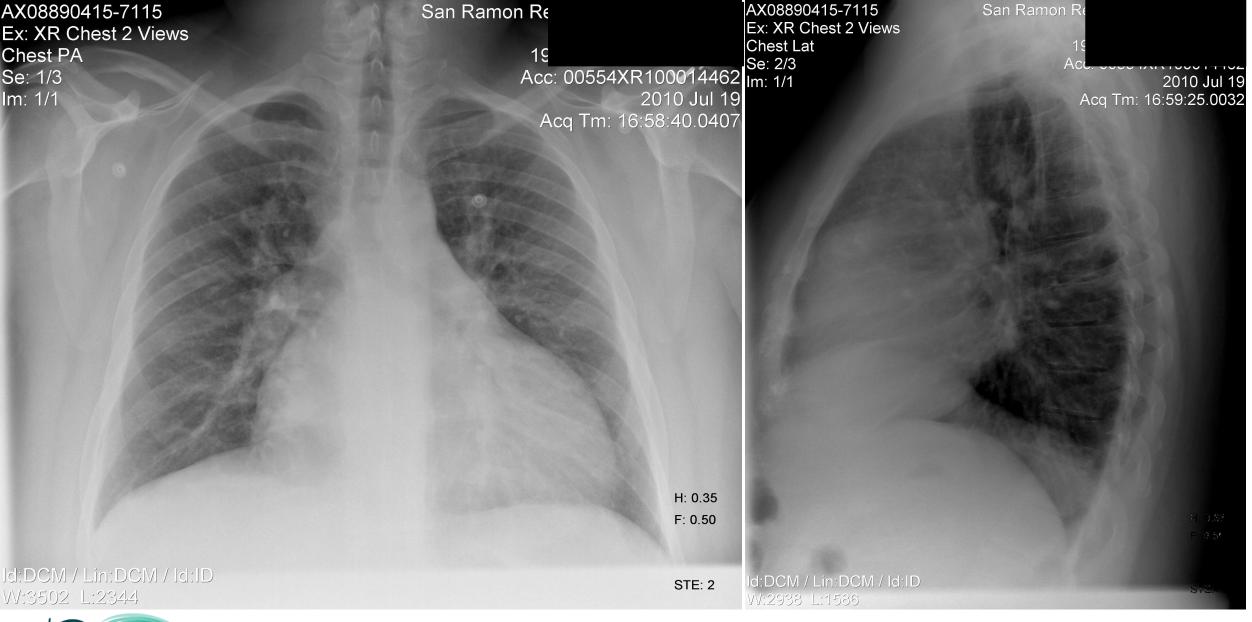
Posterior R rib fractures and (more importantly).....

no PTX or pulmonary complication



42 yo with several weeks of increasing SOB with exertion, a few weeks after recovering from some RTI sxs; RA O2 sat 92%, basilar crackles on lung exam







What do you see?



Enlarged cardiac silhouette

Increased pulmonary vasculature

Pulmonary edema



Enlarged cardiac silhouette Increased pulmonary vasculature Pulmonary edema

Eventual diagnosis – new onset dilated cardiomyopathy and CHF



77 yo with several weeks of severe left shoulder pain and decreased ROM after no specific trauma, exam shows painful, decreased ROM and no specific TTP







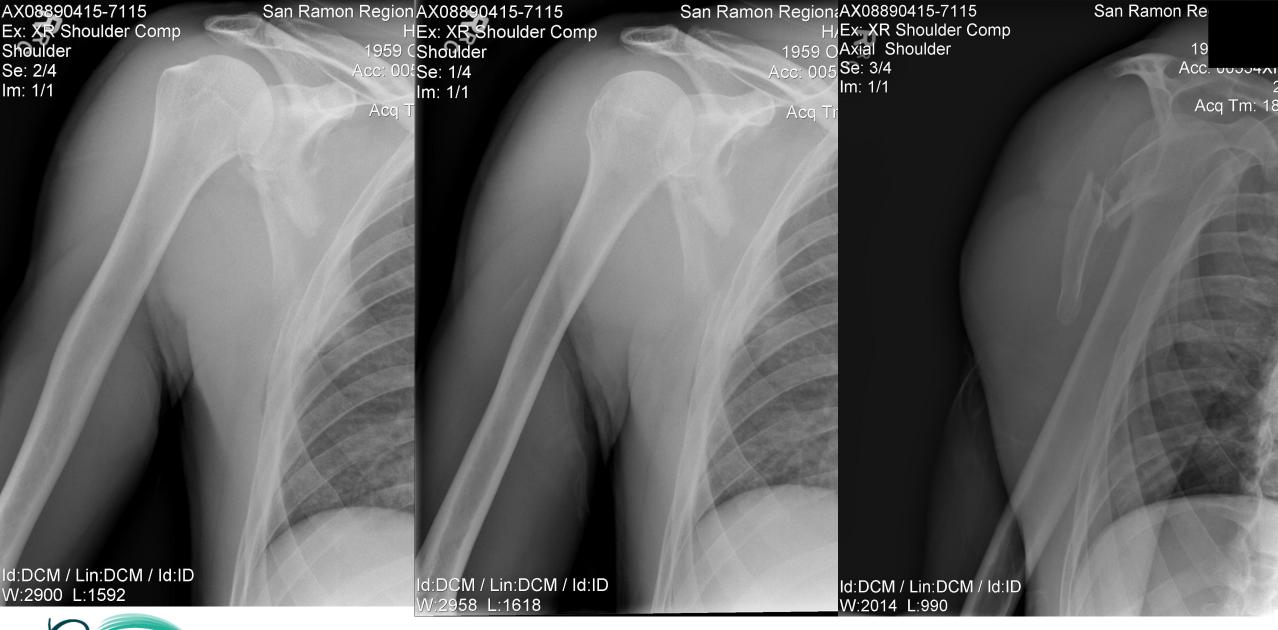
Severe DJD of the left shoulder

"bone on bone" with osteophytes



50 yo with posterior shoulder pain a fall in tub. Decreased ROM and posterior TTP on exam







Displaced scapular fracture



25 yo with anterior shoulder pain after running into another player with his shoulder playing basketball





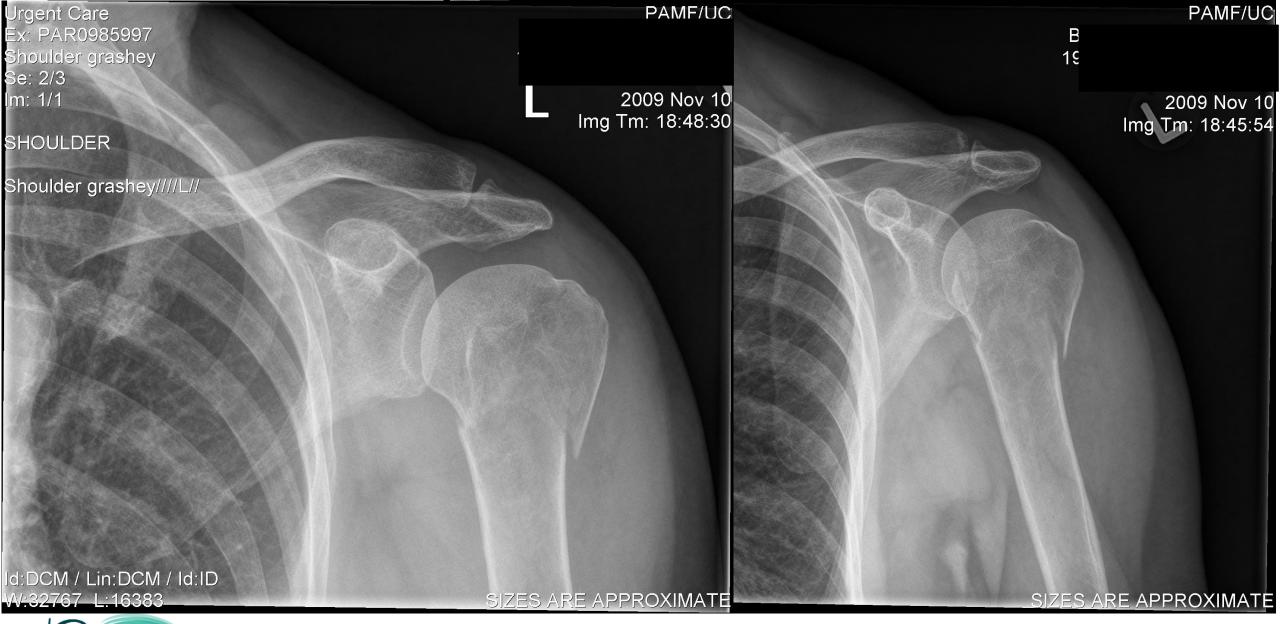


Left AC joint "separation" (sprain)



71 yo with shoulder pain a fall in tub. Decreased ROM and lateral TTP on exam







Displaced L humeral head fracture



48 yo with L shoulder pain a fall off bike.

Decreased ROM and anterior TTP on exam.

Patient unable to do external rotation view due to pain









Anterior dislocation L shoulder



62 yo with shoulder pain a fall in tub. Decreased ROM and diffuse TTP on exam







Nondisplaced R humeral head fracture



17 yo with anterior shoulder pain after running into another player with his shoulder playing lacrosse





R midshaft clavicle fracture



4 yo not moving his R elbow after a fall. DNVI







Displaced supracondylar fracture

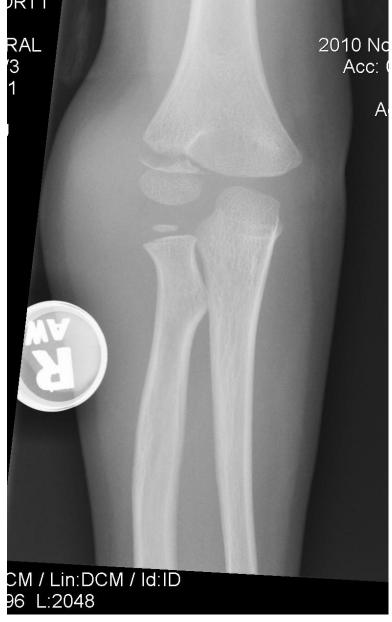


5 yo not moving his elbow after a fall. DNVI











Lateral condylar (capitellum) avulsion fracture



9 yo with stridor





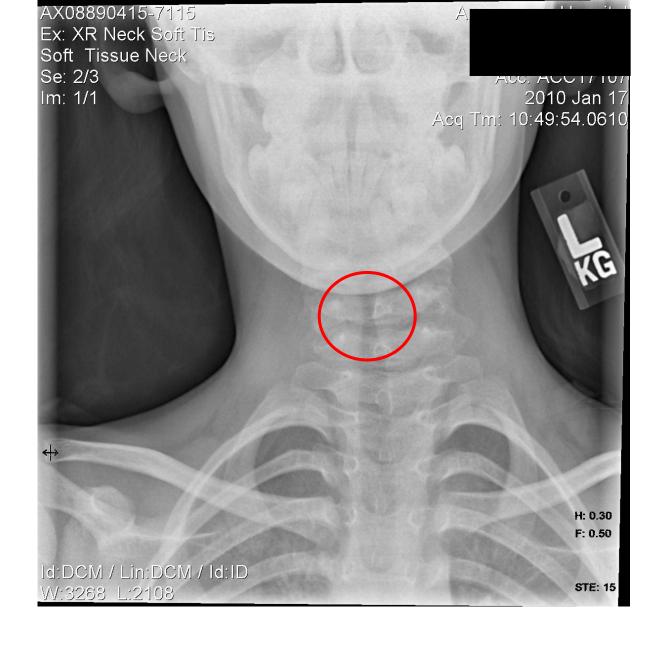




Croup with subglottic narrowing - "steeple sign"









2 yo with stridor







Retropharyngeal abscess

Swelling of prevertebral STs >> AP dimension of vertral body

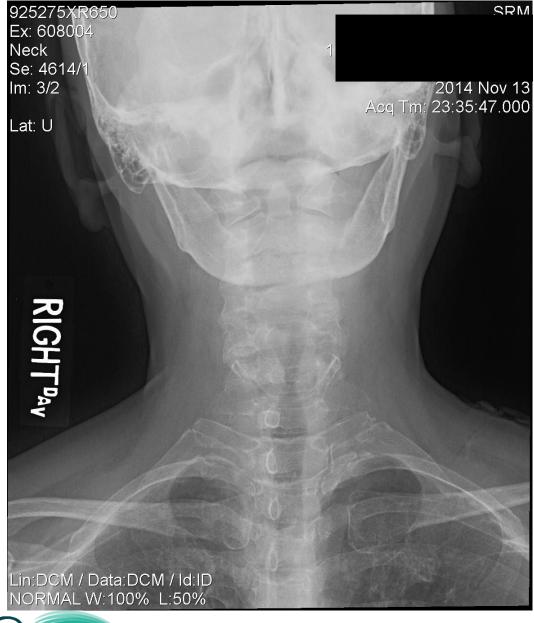






66 yo with stridor









Epiglottitis



80 yo with stridor









Partial denture in oropharynx



55 yo with severe back pain after bumpy boat ride. Very tender in midline L spine on exam. No neuro complications.









L1 compression fracture



54 yo with increasing low back pain after golf game, no neuro symptoms, no significant PMH











Normal L spine

Xrays not typically needed in this situation



80 yo with fall onto left hip, ambulating with difficulty with walker





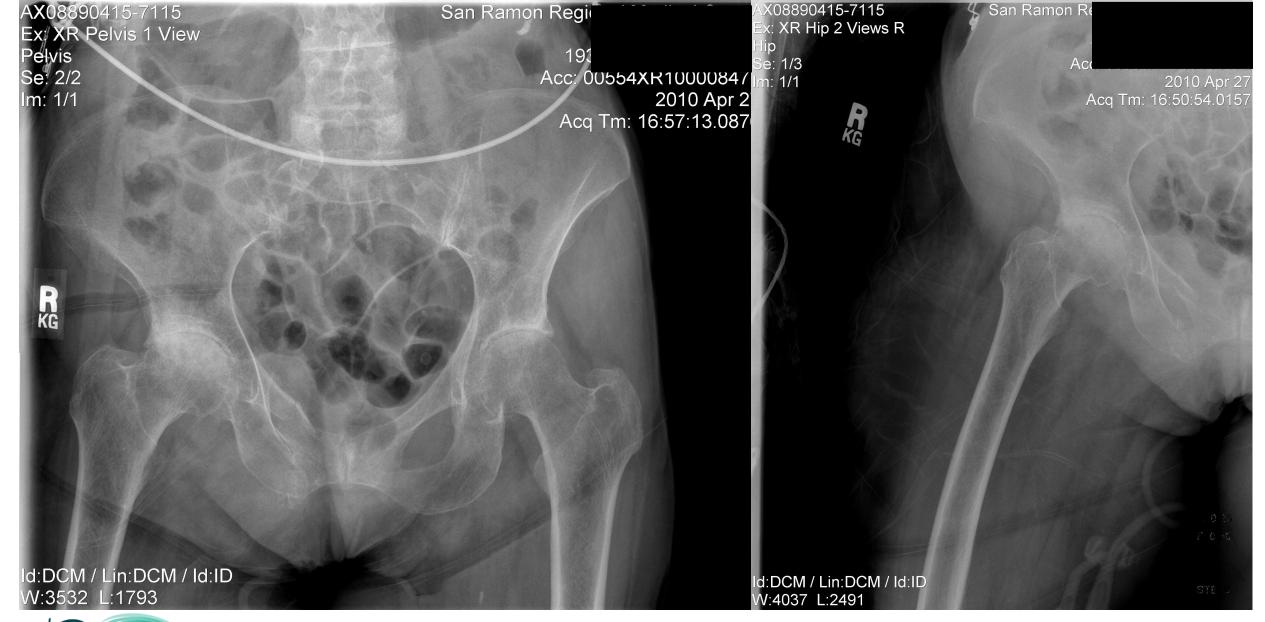


R inferior and superior pubic rami fractures



78 yo with fall onto left hip, ambulating with difficulty with walker





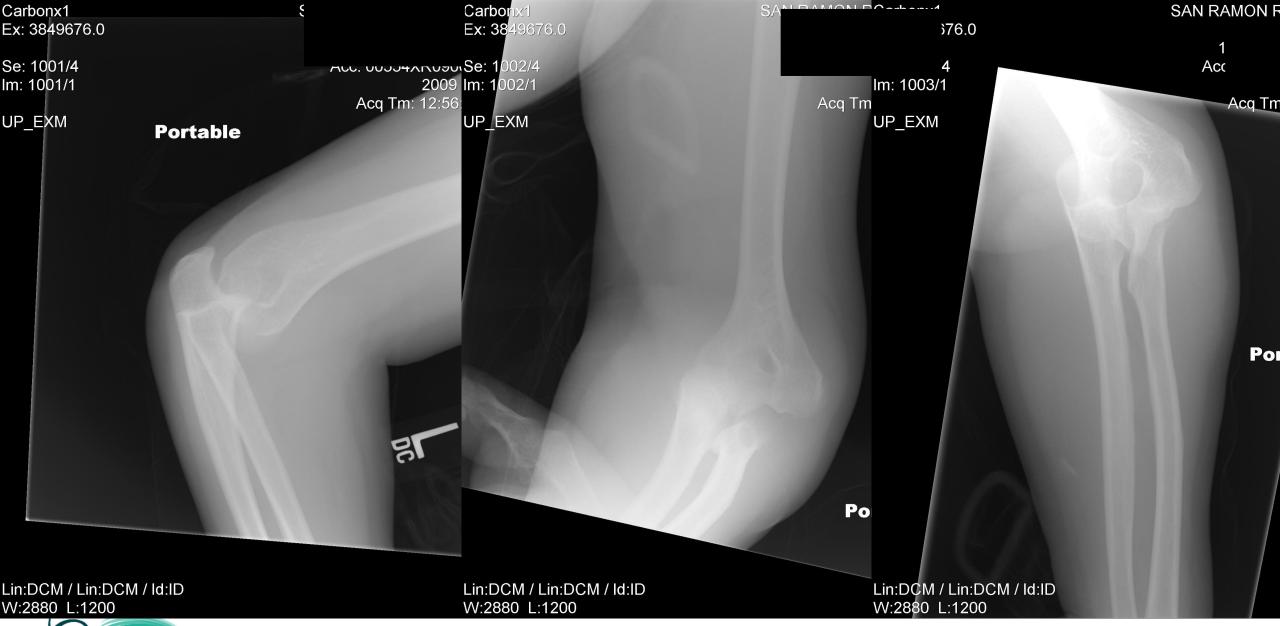


R inferior and superior pubic rami fractures



40 yo fell onto elbow while roller-skating. Diffusely swollen, minimal ROM







Elbow dislocation



35 yo fell onto arm while running. Minimally tender but pain with all movements and decreased ROM











Radial head fracture with effusion



44 yo with finger pain after hyperextension injury





Volar base of middle phalanx fracture – "volar plate" fracture in area of flexor tendon insertion



49 yo diffusely painful hand and fingers after closed in door





4th metacarpal fracture



27 yo diffusely painful hand and fingers after closed in door







Fractures of bases of 2nd and 3rd proximal phalanges



9 yo fall onto hand/arm. Pain is difficult for him to localize – maybe wrist or forearm. Seems tender near the wrist.











Distal radius torus fracture



65 yo patient with diabetes with foot pain and redness after bumping and scraping his dorsal foot on furniture at home. He is limping. VS OK, exam indicates dorsal foot cellulitis









Splint, Cephalexin 500 mg QID and ortho follow-up for this patient?



Splint, Cephalexin 500 mg QID and ortho follow-up for this patient?

What do you see?



Charcot foot – foot looks "collapsed" and tarsal bones are all meshed together

but more importantly.....









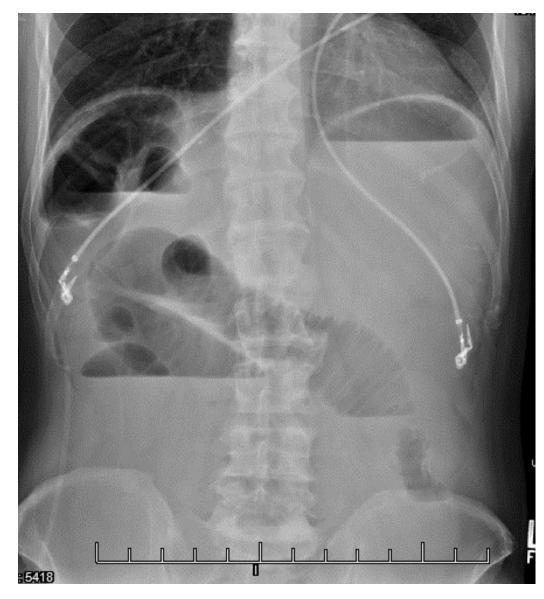
There is soft-tissue gas in the dorsal foot

ED referral promptly



69 yo with nausea and abdominal distension for several days, feels constipated. VS OK. Very actve BS, moderately distended and diffusely mildly tender on exam







Multiple air-fluid levels in **dilated** bowel = ?



Multiple air-fluid levels in **dilated** bowel =

suspicious for SBO



Multiple air-fluid levels in **nondilated** bowel =

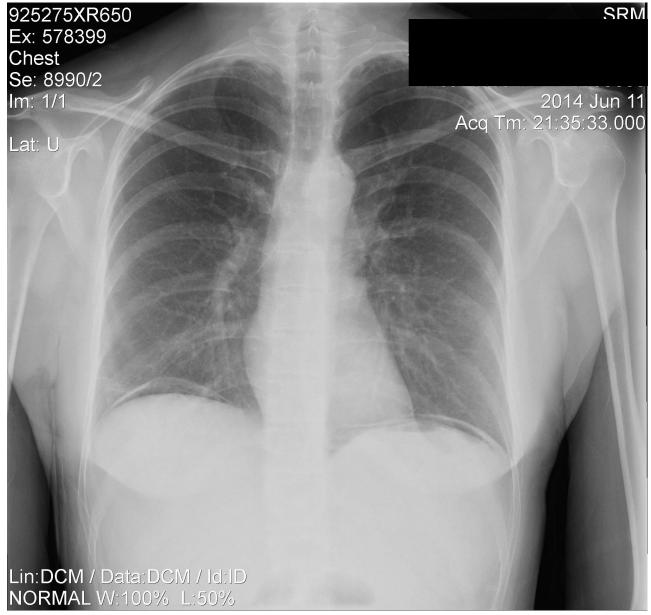
"nonspecific bowel gas pattern"

may be AGE, ileus or early SBO, etc



50 yo with sharp upper AP for a day and now it hurts to breath; upper abdomen is tender, lungs are clear but she's taking very shallow breaths







Pneumoperitoneum – found to have perforated duodenal ulcer on laparoscopy

